

## Our Mission

*Greater Nashua Mental Health Center at Community Council works with the community to meet the mental health needs of its residents by offering evaluation, treatment, resource development, education, and research.*

## Our Vision

- *To create an integrated mental health system, driven by knowledge, that provides high quality, cost-effective treatment.*
- *To eliminate the stigma surrounding mental illness and barriers to care through education and outreach efforts.*
- *To develop an effective community mental health system that serves its residents by preventing, treating and enhancing recovery from mental illness.*
- *To collaborate with our fellow citizens in creating a community wide system of care that ensures access, reduces redundancy, and enhances the mental and emotional health of our community.*

## Programs & Services

*Adult Outpatient Services, including*  
*Individual and Group Therapy*  
*Community Support Services*  
*Substance Abuse Treatment Services*  
*Batterer's Intervention Program*  
*Vocational Services & Supported Employment*  
*Child & Adolescent Program, including*  
*Individual, Family & Group Therapy*  
*Young Adult Program*  
*Greater Nashua Supervised Visitation Center*  
*Child Impact Seminars for Divorcing Parents*  
*Community Connections for Youth Program*  
*Mental Health in the Schools*  
*Services to Special Populations, including*  
*Deaf Services*  
*Older Adult Services*  
*Additional Services include*  
*Community Connections Mental Health Court*  
*A Place to Live Housing Program*  
*Healthy Connections Integrated Healthcare*  
*Clinical Research Department*  
*24-Hour Emergency Services*



# Substance Abuse Services



**Greater Nashua Mental Health Center**  
*at Community Council*

440 Amherst Street • Nashua, NH 03064  
603-889-6147 • [www.gmnhc.org](http://www.gmnhc.org)  
24-Hour Emergency 800-762-8191

*As human beings, our greatness lies not so much in being able to remake the world ... as in being able to remake ourselves.*  
– **Mohandas Gandhi**



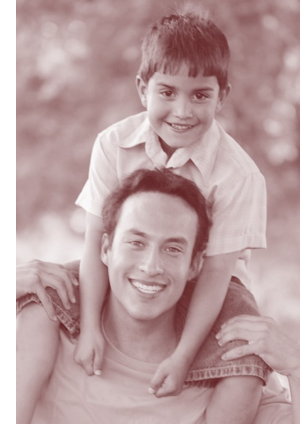
The **consequences of alcohol and other drug addictions** affect millions of American families, many of them right here in New Hampshire. Recognizing the impact of substance use and addiction in the greater Nashua area,

as well as the limited treatment resources available locally, Greater Nashua Mental Health Center has developed a **specialized substance abuse treatment program** for individuals and families whose lives are affected by alcohol and other drugs.

**GNMHC's Substance Abuse Services** are outpatient programs offered to adults and their families. These programs allow participants to remain fully engaged in their home, job and community while receiving quality treatment. Individual needs are assessed to determine the most effective treatment plan which may include a combination of treatments services.

## Substance Abuse Treatment Services

- Traditional Outpatient Program  
Evaluations  
Individual Therapy  
Interventions  
Family & Couples Counseling  
Aftercare Counseling
- Intensive Outpatient Program  
Evaluations  
Individual & Group Therapy  
Rational Emotive Behavioral Therapy
- Adolescent Intensive Outpatient Program
- Dual Diagnosis Treatment
- Outpatient Detoxification
- Medication-assisted Therapy, including Suboxone Therapy



## Appointments and Referrals

Call 603-889-6147, ext 3553 to schedule an initial intake appointment. Evening appointments are available.

## Fees

Costs vary based upon the level of service necessary. Most major insurance companies pay for outpatient treatment services with prior authorization. Greater Nashua Mental Health Center accepts most insurance plans. Call 603-889-6147, ext 3553 for more information on costs and payment options.