

Our Mission

Greater Nashua Mental Health Center at Community Council works with the community to meet the mental health needs of its residents by offering prompt, professional evaluation and treatment, resource development, education, and research.

We Believe

That the wellbeing of our community requires an integrated mental health system that serves its residents by preventing, treating and enhancing recovery from mental illness;

That eliminating the stigma surrounding mental illness and barriers to care is essential to ensuring access to mental health services and sustaining overall community health;

That employing state-of-the-art, evidence-based practices and treatments helps to improve the mental and emotional health of our community's individuals and families.

Programs & Services

Adult Services, including

ACT Team

Assessment & Brief Treatment

Community Support Services

Substance Abuse Treatment Services

Batterer's Intervention Program

Vocational Services & Supported Employment

Child & Adolescent Program, including

Individual, Family & Group Therapy

Young Adult Program

Greater Nashua Supervised Visitation Center

Children First/Child Impact Seminars

Services to Special Populations, including

Deaf Services

Elder Services

Additional Services include

Community Connections Mental Health Court Program

A Place to Live Shared Housing Program

Center for Psychiatric Advancement, Inc.

Disaster Behavioral Health Response Team

24-Hour Emergency Services



Shared Housing

PROGRAM

A Community Care Initiative



"... a place to live"

Greater Nashua Mental Health Center
at Community Council

7 Prospect Street, Nashua, NH 03060

Phone 603-889-6147

www.ccofnashua.org

Program Goals:

- A transitional recovery-oriented program
- Incorporated in a recovery oriented set of evidence-based services and goals
- Subsidies given directly to the person as a symbol of empowerment

Admission Criteria

- Clients of Greater Nashua Mental Health Center
- Lack of housing is deemed a major risk factor for relapse and negative outcome
- Consumers are able to contract for:
 1. Participation in treatment and service
 2. Freedom from substance abuse
- Have recovery-oriented treatment plans which include key elements of evidence-based practices

The population to be served:

Individuals that meet the NH definition of adults with severe and persistent mental illness and are currently in compliance with treatment offered by Greater Nashua Mental Health.

Program Plan

- The qualified person would actively participate in finding an apartment, negotiating a lease, signing documents, and be held fully responsible for maintenance and complying with landlord rules.
- The treatment team will serve as consultant.
- Housing must be HWS compliant, be within the Center's geographic catchment area,

Program Plan- *CONTINUED*

within walking distance to stores, healthcare and community resources or public transportation

- A monthly stipend would be granted for shared housing. This stipend could be extended to bridge the gap that waiting list for housing programs create.

Self-sufficiency

This rental assistance program sees independence and self-reliance as the achievable goals for each participant. Lack of safe, affordable, stable housing leads to greater levels of impairment for persons with severe mental illness. These individuals then have more difficulty accessing services and support, which adds to the loss of stability, and too often can result in hospitalization or, in some cases, incarceration. Having a safe, stable place to call home is a critical component in anyone's mental health. For individuals living with mental illness, a Place to Live can make the difference between simply surviving and actively recovering to live independent and fulfilling lives.

Supportive services

Supportive services to participants will include: case management services, illness management and community support counseling, housing outreach, supported employment, educational services, and mobile crisis and assessment.