

What is Supported Employment?

- ❑ Supported Employment Specialists coordinate services with your treatment team.
- ❑ The goal is to help you define your interests and skills and match those with competitive employment opportunities in the community.
- ❑ The process starts as soon as you express an interest in working. There are no pre-employment requirements.
- ❑ Individualized supports are provided to help you maintain employment for as long as you want the assistance.
- ❑ Choices about work and support are based upon your preferences, strengths and experiences.
- ❑ Any client who qualifies for Community Support Services is eligible for the Supported Employment program.



Greater Nashua Mental Health Center
at Community Council
*Strengthening Individuals, Families and
Our Community Since 1920!*

7 and 15 Prospect Street ☐ 100 West Pearl Street
440 Amherst Street ☐ Nashua, NH
www.gnmhc.org

Contact Us Today!

Schedule an Appointment
(603) 402-1574



24-Hour Emergency Line
(800) 762-8191



General Inquiries
(603) 889-6147



**Video Phone for Deaf and
Hard of Hearing Users**
(603) 821-0073

Serving the Greater Nashua Region
including Amherst, Brookline, Hollis,
Hudson, Litchfield, Mason, Merrimack,
Milford, Mont Vernon and Nashua.



Greater Nashua
Mental Health Center
at Community Council



Supported Employment
Program

*Information Guide
for Consumers*

***Empowering People to Lead Full
and Satisfying Lives Through Effective
Treatment and Support***



Why Choose Supported Employment?

Greater Nashua Mental Health Center (GNMHC) is dedicated to helping individuals who experience behavioral health disorders achieve a full recovery and lead productive, independent lives. Research has shown that employment offers meaning to an individual's life and plays a critical role in the process of recovering from mental health challenges. We want clients of our programs to thrive, so GNMHC offers vocational services to help you fully utilize your skills, experiences and interests to gain and maintain meaningful employment.

We have a wide variety of services to offer and with the Supported Employment program, you will have caring professionals in your corner all throughout your employment journey. With the right kind of support, work may be a reality for *you!*

Supported Employment Starts with You

The program does not force you to work. If you want to work, you will be given the supports and services to help you make your career goals a possibility.

Working part-time is also your choice. The Supported Employment Specialists at Greater Nashua Mental Health Center will help you find a job that fits your needs rather than a job that you have to fit into. It is your decision how long you continue to work with the Supported Employment Specialists after you have a job.

Information About Your Benefits

You may be worried that working will affect your benefits, such as Social Security and Medicaid. The Supported Employment Specialist can help you in obtaining accurate information about benefit programs that allow you to continue to receive benefits, or partial benefits, even when you are working.



About Our Agency

Founded in 1920, Greater Nashua Mental Health Center (GNMHC) provides comprehensive behavioral health services primarily to residents of southern Hillsborough County and serves over 5,000 consumers annually.

Utilizing evidence-based practices, GNMHC delivers services to children, adolescents, and adults; programs are available for every stage of the life cycle. Treatment can be accessed in office and community settings, including schools. Our services include, but are not limited to, individual and group therapy for individuals, couples and families, along with an array of other programs, providing wrap-around care for the well-being of the whole person.

As the State-designated Community Mental Health Center of the Greater Nashua Region, we are committed to serving our clients so that they may live their lives to the fullest, making our communities happier and healthier places for everyone.